

the Randolph Bulletin

BLUEGRASS SATURDAY NIGHT WITH JULIE BROWN

By WT Cox

"The Baton is Passed."

On May 22, 2021, North Carolina Bluegrass fans were saddened to learn that Tommy Edwards had died. Tommy was a founding member of The Bluegrass Experience, a prolific songwriter and lightning-fast guitarist whose vigorous down strokes imbued his songs with power and tone, earning him World Champion Guitarist trophies at the 1970 and '71 Union Grove Fiddler's Convention. Tommy Edwards was also known as the "voice of Bluegrass" from his hosting of his weekly radio show "Bluegrass Saturday Night" on Life 103.1 FM. Tommy hosted the show for over 16 years, and now Bluegrass Saturday Night continues with "new" host and musician Julie Brown.

Julie is the wife of Stan Brown, who is regarded as one of the best banjo pickers in Bluegrass. She currently plays bass with two bluegrass bands: The Bluegrass Experience and her own band, Hindsight Bluegrass. Julie continues with the tradition started by Tommy Edwards in selecting the best bluegrass and interesting stories for her listeners to enjoy. The hours of the show has changed from the old 7-9 slot to 6-8PM and you still hear some of the best and talented bluegrass ever recorded. Julie likes to mix up the selection of music she plays... from traditional and original artist to new and progressive bluegrass. Each week she features a "Funky Feature, Off the Wall" segment where she highlights different approaches to bluegrass music. On one segment she featured a Bee Gee's



song performed by traditional bluegrass artist Bobby Osborne. Nothing is off limits as to what style of bluegrass Julie will use on her show, but you can always count on hearing some old time classics and traditional songs, with a mix of new sounds. If you love Bluegrass Music, then Saturday Night Bluegrass is a show to look forward to each week. 103.1 FM is a local station, and if you are not in range, the show can be streamed from www.life103.1.com or you can download the life103.1 app.

I asked Julie how she got interested in Bluegrass Music. She said she had always loved Bluegrass music and listened to it growing up. She actually played banjo in a small band with Stan's dad Odell Brown for three years where they would play a local churches and events. She met her husband Stan for the first time when she visited Nashville to visit family. They were married in 1998 after Stan moved back to Randolph County.

Continued on Page 4



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Highlights in This Issue

PRESENTED BY THE CITY OF RANDLEMAN AND HUGHES FURNITURE

MARKET & MUSIC
COMMERCE SQUARE

MAY **6** **RADIO REVOLVER**

MAY **20** **CAT5**

JUNE **3** **RED DIRT REVIVAL**

JULY **15** **U.B.U. BAND**

JULY **29** **BANTAM ROOSTER**

AUGUST **13** **RYAN PERRY**

AUGUST **27** **MARSHA MORGAN BAND**

SEPT **10** **TOO MUCH SYLVIA**

FOOD 5PM ARRIVAL **MUSIC 7PM - 10PM**

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FOR ADDITIONAL INFO PLEASE VISIT WWW.CITYOFRANDLEMAN.COM

Cover Story..... Page 4

The Cook’s Corner Page 7

Summers Bounty..... Page 8

Unsolved Case of Craven
Shoemaker..... Page 18

Cucumbers Page 30



Main Street Downtown Ramseur, NC

**Back-to-School
Bash**

Saturday, August 13, 2022 10am -1pm
Free bookbags, school supplies, food, fun!
Come and join our last bash before school starts.

Everything is free for all K-12 students

Next Deadline: August 15th Next Print Date: August 21st



Community Calendar

August 2022						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Date	Event	Time	Location
8/13/22	Back-to-School Bash	10:00am	Main Street Downtown, Ramseur, NC
8/27/22	Market & Music	7:00pm	120 Commerce Square, Randleman, NC
8/27/22	Youth Fishing Tourney	8-12am	Ramseur Lake, Ramseur, NC

Have an upcoming event that the community should know about email us at info@randolphbulletin.com to be included in the next issue.

Stan Brown joined the Bluegrass Experience in 2000 after the death of Donald Beane, who was one of the original members. Julie would also fill in with the group from time to time, playing bass. When original member Snuffy Smith retired from the band, Julie became a member of the Bluegrass Experience along with her husband. The band continues to play gigs that were previously booked before Tommy's death, and also a few new ones too.

Julie also plays bass with her band Hindsight Bluegrass. The band was formed in December of 2017 after a get together with some fellow pickers and friends. They enjoyed playing together so much, they decided to form a group and make it real... and name it. Hindsight Bluegrass is based out of the Ramseur area where they meet for practice and rehearsals. They play at private functions, weddings, barbeque's, town festivals and concerts. Stan Brown plays banjo and sings harmony and Julie plays bass. Scott Hancock, a Randolph County native, plays guitar and sings most of the lead and harmony vocals. Fiddlin' Al McCanless, a well known potter now living in the Pittsboro area is the fiddle player for the group and also contributes to the vocals. Mike Aldridge from Saxapahaw plays mandolin and also does vocals too. Hindsight Bluegrass has a concert each New Year's Eve at the Sunset Theater in Asheboro. They also will be at the Farmer's Day Festival in Robbins on Friday Night, August 5th, and at the Flatwoods Festival in Bennett on September 10th. They have released one CD so far titled simply "2020". The band website is www.hindsightbluegrass.com. You can also

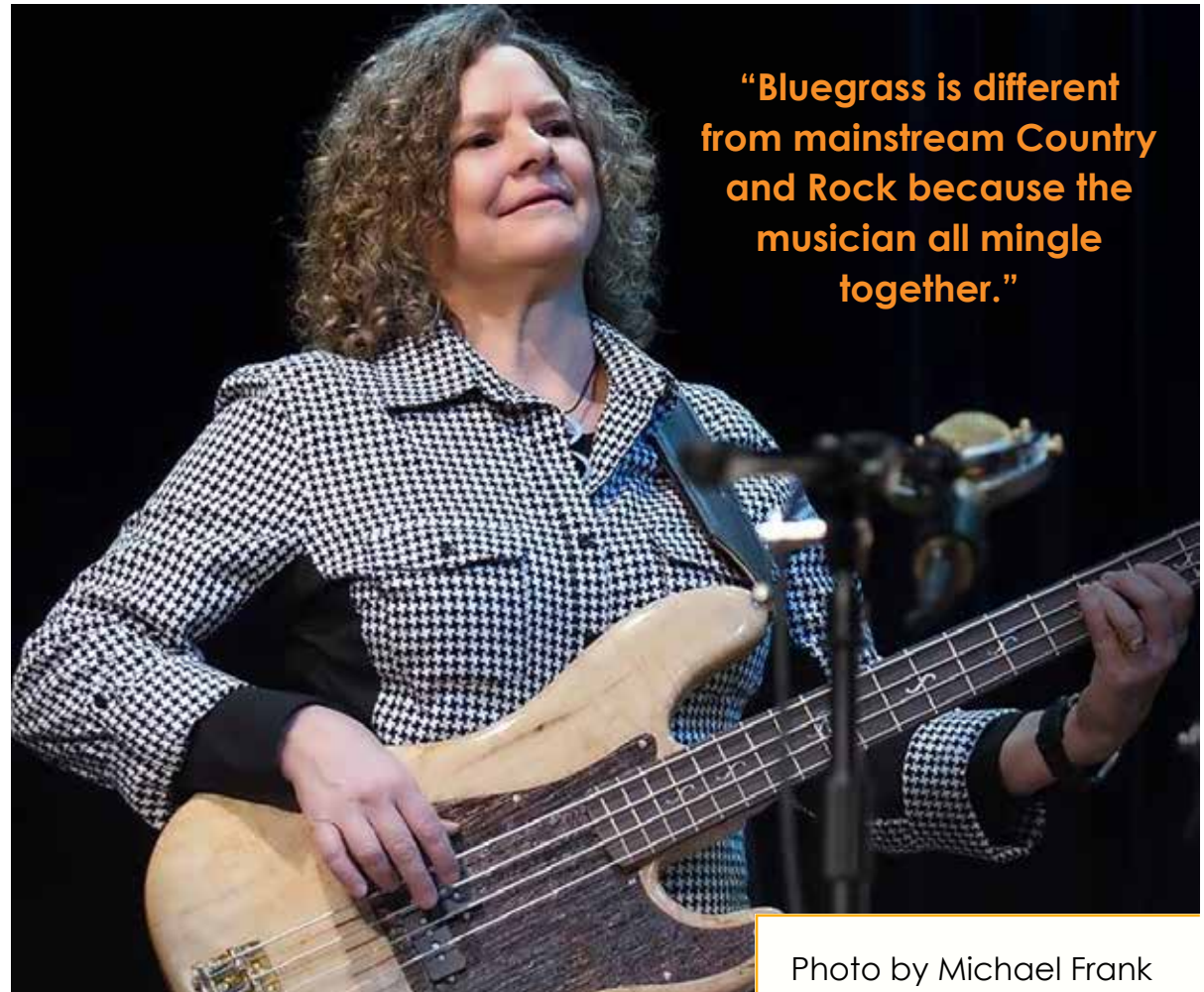


Photo by Michael Frank

"Bluegrass is different from mainstream Country and Rock because the musician all mingle together."

keep up with them on Facebook. Julie said she remembered when Tommy Edwards started doing the radio show many years ago. "We would always listen to it when we were near a radio", she said. "Then later we were able to listen on the computer or the app on the phone. During COVID, that was our favorite pastime. We listened to a ton of bluegrass shows while we couldn't get out and play. We did a lot of fishing at our pond, and I would always try to tune in if we could". After Tommy passed, Julie was asked to take over the show. She was hesitant at first, and after much persuading, she finally agreed to give it a try. After two months as a "guest host", she agreed to make it permanent. Julie said, "It's a lot of fun

and I enjoy keeping up with all the new bands and musicians. I love learning a lot more about the early bands and musicians, and of course all the ones in-between."

Julie has a great resource for her show in her husband Stan Brown. Stan lived in Nashville from 1976 till 1996 when he moved back to Randolph County and married Julie. He was in the middle of playing music on the festival circuit and on the Grand Ol Opry. Stan knew the stories of those years first hand and got to hear them from the early years direct from the "horse's mouth", as we say. Julie doesn't just focus on the early traditional music or just the new recordings... she plays it all. "You could



easily hear me play 2 songs back to back that were recorded 70 years apart”, she says. “I do a little research on some of the older ones to find facts and learn things I did not know. A lot of times I just ask Stan for some neat facts about an artist or song”.

Julie says that the radio station likes that she is a musician and have interactions with a lot of musicians and bands. She meets a huge number of them and keeps up with what they are doing. Julie says, “They like to tell their stories about interactions with other musicians on the air. Bluegrass is different from mainstream Country and Rock because the musician all mingle together.” Festivals also bring opportunities for musicians to meet each other and there is almost always a late night jam session going on. When musicians get together or visit, they usually have their instruments. Many times while visiting the Nashville area, a friend would invite over some “pickers” and there would be an impromptu party with lots of music and food. This is where a lot of stories get passed around and new ones started. It’s often how new bands are sparked too. Those are the kinds of stories fans of the bluegrass show like. “So long as I am playing music, I should have an abundance of new stories to tell... and music to share”

Be sure to tune into Julie each and every Saturday Night from 6-8 PM at 103.1 FM for “BLUEGRASS SATURDAY NIGHT”, or listen in at www.life103.1.com



A Letter From One of Our Readers

"Some Fire Departments, Maybe all have changed their fire departments tax rate. I understand the county commissioners have done away with the 15 cent fire tax cap. The cap has been increased to \$1.50 a hundred. The rate for my fire district (East Side) now has been increased to 16 cent.

I do know our county manager has held our county tax rate at 63.27 cents per \$100 of property value. Our county manager explained the tax rate remains the same due to the natural growth of property values.

With all the new homes coming into this county, now, & the projected increase due to the new car company coming to the Mega Site, there should be more revenue coming in to the county from these homes for the county & a lot more revenue coming in to the Fire Districts from the Fire Tax on these new homes & their vehicles.

2023 is the year for Randolph County's revaluation of county property. This surely means the value of our property will be going up due to the rising cost of material & labor & accordingly so will our FIRE TAX. Maybe, just maybe the County Commissioners will reduce our tax rate to keep our county tax bills about the same as they are now, even with the new evaluation.



The Fire Departments already have their tax rate, so if the value of your home goes up, so will your fire tax. I had a commissioner ask me if I did not want to get the full value of my property? I told him our property

was not for sale. He laughed & said I should still want the full value of our property. I don't think he ever understood what I was trying to say. To me, the full value of our property is being able to live on this property until we die & hopefully leave to our family (son) but, if our taxes keep going up, we, along with a lot of other people, may not be able to pay our taxes & loose our home, full value & all. Of course, if we sold our property, home & everything, we could go down the road & buy a house smaller than ours & pay the full market value & have less house. Do you see a value there?

Please talk to the commissioner in your area or any area & explain to him or her the need to keep our taxes, fire & property, as low as possible.

If you do not know your commissioners #, just call the county & ask.

It seems government just continues to want to take from tax paying people, hopefully our County will not."

Faye Cox, Asheboro

Cook's Corner

Dot's Bean Pot

No matter where you are or what the occasion, this terrific three-bean recipe is perfect for potlucks and other gatherings.

- 1 lb hamburger
- 3 med onions, chopped
- ½ c ketchup
- 1 tsp salt
- 1 green pepper, chopped
- 1 #2 can pork & beans
- 1 #2 can red kidney beans, drained
- 1 #2 can lima beans, drained
- ½ c brown sugar
- ¼ c vinegar
- 1 tsp mustard
- ½ tsp pepper
- Garlic to taste

Preheat oven to 350 degrees. Brown hamburger, onions and green pepper. Add all other ingredients. Put into a large casserole dish. Bake in 350 degree oven for 45-60 minutes. Can also place mixture in crockpot and cook on low until hot all the way through, usually 2-3 hrs

Do you like to cook? Do you like sharing your recipes with others?

Then we have a deal for you! Submit your recipes via email to info@randolphbulletin.com.

We will share as many as we can each month. So send them in, and remember to include your name!



Ways to Safely Enjoy This Summer's Bounty

Summer brings an abundance of fresh fruits and vegetables. Remember these tips when purchasing produce at the grocery store, nearby farmer's markets or picking from your garden.

You should select fruits and vegetables that are not bruised, shriveled, moldy or slimy. If vegetables or fruits are pre-packaged, be sure the surfaces are not bruised or moldy. Purchase only what you need. For optimum flavor and nutritional value, you need to use fruits and vegetables within a few days. You need to promptly store any produce that needs to be refrigerated.



Be sure to wash produce under cool, running water just before you use it. This applies to all fruits and vegetables, even if you don't eat the rind or skin, such as melons and oranges. Washing a melon can help remove any bacteria that could be transferred onto the inside fruits when the melon is sliced open with a knife. Leafy greens, such as lettuce, should be rinsed before refrigerating to maintain crispness. Paper towels placed between the greens will slow deterioration. Do not use detergent when washing fruits and vegetables. Use a vegetable brush to scrub hearty vegetables, such as potatoes and carrots, if you want to eat the fiber-and-nutrient-rich skin.

Be sure to keep refrigerators clean and cold. Cover and refrigerate produce you have cut. Refrigerator temperatures should be between 37-39 degrees F. Read and follow label instructions such as "keep refrigerated" or "use by" dates. Keep prepared fruit salads and other cut produce items in the refrigerator until just before serving. Discard cut produce items if they have been out of the refrigerator for four hours or more.

Always clean surfaces, utensils, and hands before handling fresh produce. Always wash your hands thoroughly after using the bathroom, changing diapers, and before preparing food.

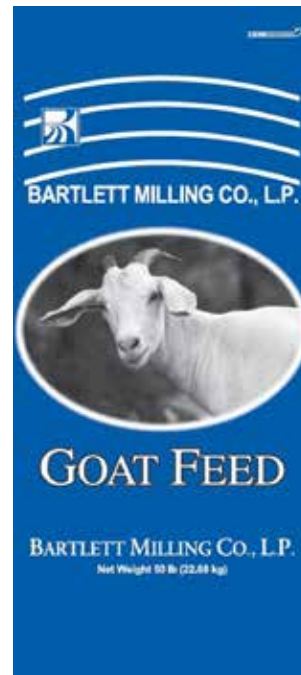
By following a few guidelines in the kitchen, you and your family can enjoy goodness from the garden safely.

-Jeannie M. Leonard



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& Supplements

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BACK TO SCHOOL NC



SAFETY TIPS



STUDENTS AND PARENTS

- Cross in crosswalks.
- Watch for and obey crossing guards.
- Look both ways before crossing the street.
- Be careful crossing multiple lanes of traffic.
- Make sure each lane of traffic is clear before you cross.
- Pay attention. When walking, avoid distractions like cellphones.
- Obey signs and signals.
- Cross the street where you have the best view of traffic.
- Always walk on the sidewalk; if there is no sidewalk, walk facing traffic and as far from the road as you can.



ADULT AND TEEN DRIVERS

- Know when to stop for school buses.
- Yield to pedestrians in crosswalks.
- Obey all posted school zone speed limits.
- Never pass a vehicle that is stopped for pedestrians.
- Before turning, be sure the path is clear.
- Slow down near bus stops, schools and playgrounds.
- No drinking and driving.
- Buckle up.
- Avoid distractions such as food, passengers and using mobile devices.
- Texting while driving is illegal.

Additional Safety Tips for Teen Drivers

- Don't speed.
- Avoid distractions.
- Cellphone use is illegal for drivers under 18.
- For provisional license holders, no more than one passenger at a time.

*North Carolina has stiff penalties for **motorists** who fail to comply with school bus safety rules.*

- There is a \$500 penalty for motorists who are caught passing a stopped school bus, and a five-point penalty on their driver license.
- A driver who passes a stopped school bus and strikes someone will face a Class I felony and be fined a minimum of \$1,000.
- The penalty increases to a Class H felony and fine of \$2,500 if someone is killed.

For more information, visit [WatchforMeNC.org](https://www.watchformeNC.org) to learn more about what you can do to keep roads safe for everyone.

Time for Back
to School !

This year, students in the Randolph County School system will return to school on Monday, August 29th. To learn more about the school your child(ren) will attend, head on over to www.randolph.k12.nc.us where you can find information on each school. Just click on the link at the far top right of the home page which says "schools". Click on your school, and you can find information such as open house dates, supply lists, bus information, school calendar and more!

Mission Statement for the Randolph
County School System

The mission of the Randolph County School System is to maximize educational opportunities for every student by focusing on continuous improvement and having high expectations for students and staff, while preparing students for multiple options to be competitive in a diverse 21st century global society.

Vision Statement for the Randolph
County School System

The vision of the Randolph County School System is to maximize educational opportunities for every student, based on our beliefs that: All students can learn; All students will be taught in a safe and nurturing learning environment; All students deserve a teacher who is qualified and well-prepared; All students deserve access to instructional resources managed in a fiscally responsible manner; and All stakeholders share the responsibility and accountability for student learning.

July 2022						
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H Holiday						
W Required Teacher Workday						
W Teacher Workday						
L Annual Leave						
I Interim Reports						
R Report Cards						
First Quarter-45 days						
Second Quarter-44 days						
Third Quarter-46 days						
Fourth Quarter-45 days						

2022-2023 SCHOOL CALENDAR

Revised 6/20/22

July	
4	Holiday
August	
18	First Day for Teachers
23	Middle School Open House
24	High School Open House
24	CO Professional Dev Day
25	Elem School Open House
29	First Day of School
September	
5	Holiday
15	Early Release 12:30
26	20 th day
29	Interim Reports
October	
24	40 th Day
31	1 st Quarter Ends
November	
1	2 nd Quarter Begins
8	Workday
11	Holiday
16	Report Cards
17	Early Release 12:30
23	Annual Leave
24, 25	Holidays
December	
8	Interim Reports
20	2-hour Early Dismissal
21, 22,	Annual Leave
28, 29, 30	Annual Leave
23, 26, 27	Holidays
January	
2	Holiday
16	Holiday
19	Early Release 12:30
20	1 st Sem / 2 nd Quarter Ends
23, 24	Workdays
25	2 nd Sem / 3 rd Quarter Begins
31	Report Cards
February	
8	100 th Day
24	Interim Reports
March	
16	Early Release 12:30
29	3 rd Quarter Ends
30	4 th Quarter Begins
April	
3-6	Annual Leave
7	Holiday
10	Workday
17	Report Cards
May	
9	Interim Reports
29	Holiday
June	
9	Last Student Day / 2-hour
12-14	Early Release
	Workday(s)

January 2023						
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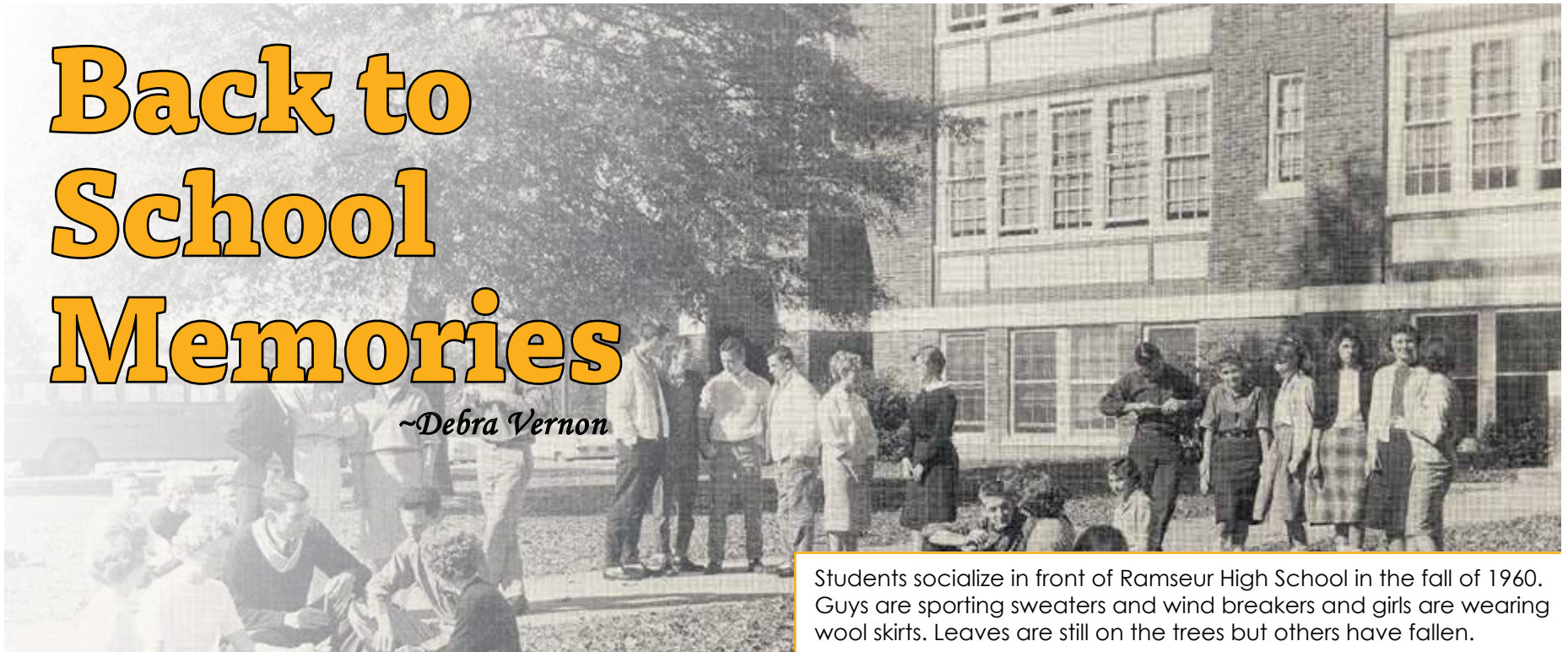
Inclement Weather Make-up Days

*Absorb the first 5 missed days
Then use schedule below (Time for
delays will be absorbed)

1 st Semester	2 nd Semester
November 23	January 24
December 21	April 10

Back to School Memories

~Debra Vernon



Students socialize in front of Ramseur High School in the fall of 1960. Guys are sporting sweaters and wind breakers and girls are wearing wool skirts. Leaves are still on the trees but others have fallen.

Another school year is upon us, and though it has been quite some time since I participated in the ritual, I do have fond memories of a 3-story brick schoolhouse in Ramseur NC. You know the one; a large building set back from what was then a 2-lane highway 64, with big oak trees in the front and a flagpole in the center. Remembering it now, I would call it stately. It truly was pretty, and I did learn so much there, and perhaps most importantly, made lifelong friends there as well.

I helped raise and lower the flag many times while there, and we were taught how to fold it correctly and give the flag our utmost respect. We also recited the pledge each morning with our hands over our hearts during morning announcements. I have been told that does not happen anymore, which is sad.

First grade was in 1968 for me, and Mrs.

Ellis was my teacher (there was no such thing as kindergarten back in those prehistoric days). I recall she had a wicker chair with a green cushion, and this was where she reigned during our “reading corner” time. She would read stories to us, complete with different voices, while we sat cross-legged at her feet and were swept away into brave new worlds! We also spread out a towel on the floor after lunch and took a nap. Yep, we slept on the floor, and no one complained we were being treated inhumanely.

Second grade started with Miss Hudson, who finished our year as Mrs. Griffith, as she was married during this time. What? Teachers have lives outside of the school room? She was so pretty and I always admired the bow she wore in her hair. I loved to watch her write on the chalkboard, as she made it look so effortless. Funny the things

you recall from your younger years. Third grade saw me in a split class of half third graders/half fourth graders. Mr. Land was the teacher and I thought he was the most handsome man in the world! Hey, I was only 8 years old at the time. What do you expect? Anyhow, I thrived in his class, and he even told my parents I was quite smart and would recommend I skip fourth grade and go right into fifth. But, in their infinite wisdom, my parents kept me with my classmates, and on to fourth grade I did go.

At the time I was in fourth grade, Ms. Klass was my teacher (she would later be Ms. Freeman and then Mrs. Bingham). She was quite the artist, and her classroom walls displayed her talent. I always enjoyed seeing what she may create on paper or on the chalkboard. And I distinctly remember her reading to us each day. She would

start a lengthy book, and each day, read a few chapters. She would always stop at a crucial point, knowing we were longing to know what happened next. And we knew we would not find out until the next day, so you had better show up for school. The Secret Garden was one of the books I found mesmerizing. Ms. Klass instilled in me a love of reading.

Fifth grade brought me into the classroom of Mrs. Anderson. My penmanship must have been pretty good, as she always wanted me to do the writing on her bulletin boards. I obliged and received her thanks many times, as well as some extra library time. She knew I liked to read as well.

Sixth grade is memorable because of Mrs. Goldston. I was terrified of her at first, as those green glasses seemed menacing, and I swear she had eyes in the back of her head. And she ALWAYS had a ruler in her hand, and if you did not behave, she would grab your hand, palm up, and take that ruler and hit your hand as she spelled out your name! If you were someone with a short name, like Dan Cox, you were fortunate. For someone like me, Debra Burgess, there were quite a few more licks of that ruler! Your behavior had to be above reproach when in her classroom. She set the bar high, and do you know what? We respected her for that and became



Ramseur High School in the 1960's before being demolished.

better students because of her discipline and her love.

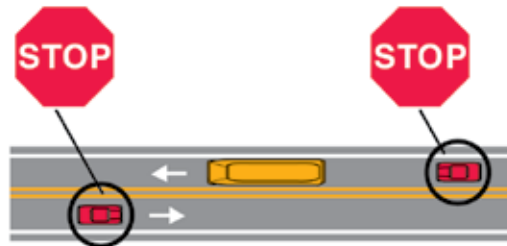
Seventh and eighth grade was referred to as “junior high” then, and there were many teachers I recall from that sloping basement hallway. Mr. Brown and Mrs. Marie weeks were PE, and Mr. Bingham was science classes. Mr. Manning was art, and his talent was astounding. Mrs. Martin and Mr. Leggett were history, Mr. Davis and Mrs. Carole Weeks were language arts. And who could forget Mrs. Hilda Allen, the librarian? She was a force to be reckoned with.

“ The building itself is gone now, but the spirit of it lives on in the lives of those who walked the hallways over the decades it was in existence.”

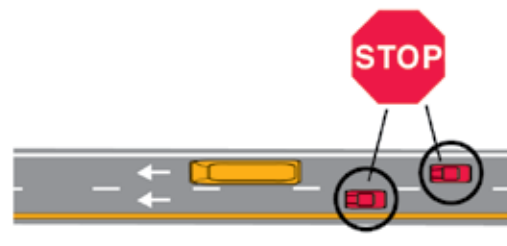
The cafeteria had that extremely large (or so it seemed to me) water fountain where you could wash your hands as you entered, and then you went to the right and made your way into the kitchen area where “lunch ladies” cooked and served real food. Yeast rolls were a staple most every day and were often traded as valued currency. Not a biscuit, YEAST rolls. Can you imagine yeast rolls along with real meat and vegetables being served in cafeterias today?

The auditorium was huge and had an equally impressive balcony. Many plays and choral concerts were performed on that stage, and it took strong muscles to open and close those colossal velvet curtains. I remember Mrs. Gloria Bearden pounding out the latest offerings of current musicals over and over again, as each chorus member learned their parts. She worked hard, and we did too, and sounded awfully good for a bunch of seventh and eighth graders. She had the patience of a saint!

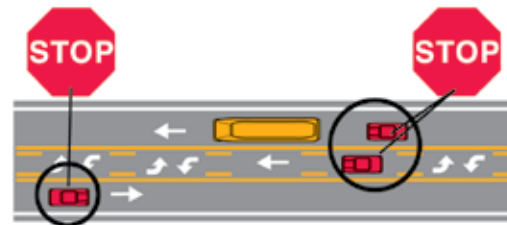
Yes, there were many good years at good old Ramseur High School. My last year there was eighth grade, as my class was the first freshman class at Eastern Randolph. So, we never had the chance to be the “big man on campus” at Ramseur, as the ninth graders had that distinction before they moved with us to Eastern. The building itself is gone now, but the spirit of it lives on in the lives of those who walked the hallways over the decades it was in existence. We truly did not know then just how good the times were. But we know now and we will always hold a special place in our “Ramseur Rams” heart for the memories and lasting friendships that still flourish and take us back to our Ramseur school days.

NC SCHOOL BUS STOP LAW

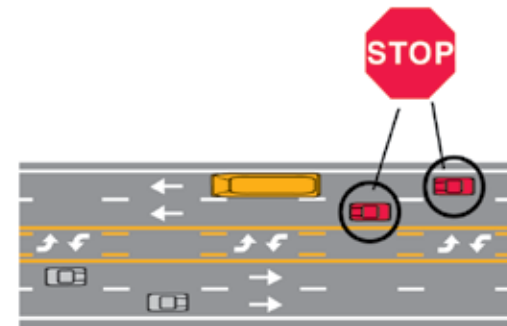
Two-lane roadway: When school bus stops for passengers, all traffic from both directions must stop.



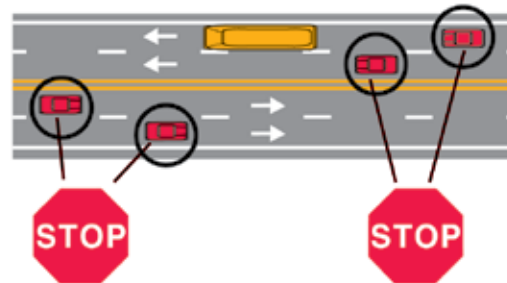
Divided highway of four lanes or more with a median separation: When school bus stops for passengers, only traffic following the bus must stop.



Two-lane roadway with a center turning lane: When school bus stops for passengers, all traffic from both directions must stop.



Roadway of four lanes or more with a center turning lane: When school bus stops for passengers, only traffic following the bus must stop.



Four-lane roadway without a median separation: When school bus stops for passengers, all traffic from both directions must stop.



For more information, visit [WatchforMeNC.org](https://www.WatchforMeNC.org) to learn more about what you can do to keep roads safe for everyone.



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DOG DAYS

Just What are the Dog Days of Summer?

Excerpt from the Farmers' Almanac

The “Dog Days” of summer are from July 3 to August 11 each year. They’re usually the hottest and most unbearable days of the season. We often hear about the “Dog Days” of summer, but few know where the expression originated. Some think it’s a reference to the hot, sultry days that are “not fit for a dog.” Others suggest it’s the time of year when the extreme heat drives dogs mad. But where does the term come from? And what does it have to do with dogs? You may be surprised to see it has to do with the stars!

The phrase is a reference to Sirius, the Dog Star. During the “Dog Days” period, the Sun occupies the same region of the sky as Sirius, the brightest star visible from any part of Earth. Sirius is a part of the constellation Canis Major, the Greater Dog.

In the summer, Sirius rises and sets with the Sun. On July 23rd, specifically, it is in conjunction with the Sun, and because the star is so bright, the ancient Romans believed it actually gave off heat and added to the Sun’s warmth, accounting for the long stretch of sultry

weather. They referred to this time as *diēs caniculārēs*, or “dog days.”

Thus, the term Dog Days of Summer came to mean the 20 days before and 20 days after this alignment of Sirius with the Sun—July 3 to August 11 each year

While this period usually is the hottest stretch of summer, the heat is not due to any added radiation from Sirius,

regardless of its brightness. The heat of summer is simply a direct result of the Earth’s tilt.

During summer in the Northern Hemisphere, the tilt of the Earth causes the Sun’s rays to hit at a more direct angle, and for a longer period of time throughout the day. This means longer, hotter days.



The Unsolved Case of Craven Shoemaker

Craven Shoemaker ran the Ramseur Roller Mill for 33 years. My memories of having grain ground with my grandfather growing up includes Mr. Shoemaker, as does anyone who grew up in Ramseur in the 50's and 60's. His death was a tragic event. The following story is a telling of events that took place in March of 1991, as told by Jeri Rowe.

"Craven Shoemaker never thought about retirement. He just didn't believe in it. At 72, Shoemaker still got up at the day's first light, rumbled to Asheboro in a pickup truck and always began work 30 minutes early at an Asheboro furniture manufacturing company where he assembled furniture parts. Easily recognizable in his khaki hat, khaki pants, khaki work shirt and bow-legged walk, Shoemaker would shoot smiles at his co-workers at B&H Panel and ask "How you doin'?" or "Did you get some corn from me from my garden?" or "You love to hunt, too? Well, I've been fox huntin' for years." This was Shoemaker's work ethic, especially after reaching retirement age. He always told Velma, his wife of 41 years, and his co-workers the same thing: He'd be better off dead than retiring from his sunup-to-sundown lifestyle.

All that changed March 21. About 5:45 a.m., someone attacked Shoemaker outside B&H Panel with his own Phillips-head screwdriver and some other unknown blunt object.

He had just pulled into a parking lot off Church Street - just like he did every

morning. He got out, left his jar of tea and lunch in the truck's cab and headed to the door when he was attacked from behind.

Someone wanted Shoemaker's money. He was stabbed twice in the head with his screwdriver and hit once with the blunt object. The stab wounds penetrated Shoemaker's skull and brain. The blow crushed his skull. After an undetermined amount of money was taken, Shoemaker was left leaning up against a wall with his head on his chest. Police were left with no clues to his assailant.

Since then, Shoemaker has remained under constant care either in a rest home or hospital. He can't walk, talk or remember anything about the attack. All he can do is lay in bed or sit in a wheelchair. He can barely swallow. On Friday, he was moved to a Randolph County rest home to be closer to family, friends and a countryside he called home.

"This has unraveled our lives," said Shoemaker's daughter, Pam." It has changed us completely. Nothing will ever be the same anymore. It's always in your mind, no matter where you go, it's always there. And that's the way all of us feel.' Fellow churchgoers, friends and co-workers have begun helping Velma Shoemaker and her two daughters, Penny and Pam, since the incident.

B&H Panel has offered a \$1,000 reward for any information leading to an arrest and conviction in the case. Since their offer, the reward has been increased to

\$5,000 from other contributions, and Shoemaker's co-workers have now posted reward flyers across the county.

Pleasant Ridge Christian Church - where Shoemaker was a deacon, trustee and churchgoer who didn't miss a Sunday in 33 years - helped organize a barbecue dinner and auction in July to raise money for Shoemaker's expenses. More than 100 merchants contributed auction items, 1,500 people showed up, and \$11,223 was raised.

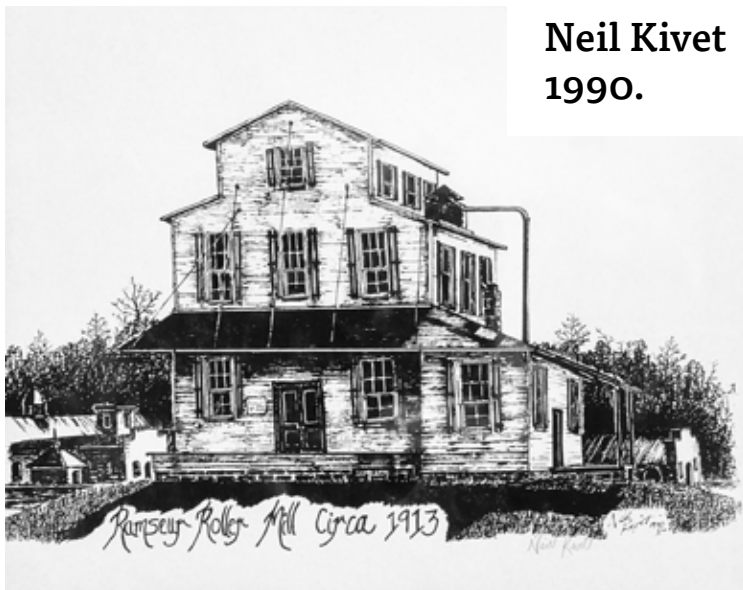
Since then, friends have fixed leaky pipes, picked vegetables, fed chickens and dogs, bought an air conditioner and built a wooden handicap ramp at Shoemaker's Randolph County home - a two-bedroom abode he built himself from pine trees he cut down on his 81-acre farm near Asheboro.

For these folks, many a day doesn't go by that they don't think about Shoemaker - a man who they remember cut their wood, gave them vegetables or doctored their animals for nothing except a thank-you. "He was always happy about life," said Ronnie Beaver, Shoemaker's supervisor and friend. "Nobody could make him mad. He would cut up, joke and laugh all the time. It sounds like something out of a book, but that's the way he was.' Shoemaker always believed in helping people. For 33 years as superintendent of the Ramseur Roller Mill, he would wake up early for part-time farmers - "city farmers" as he would call them - so they could have their corn ground before

they went off to work. He would come home later, feed his brood of foxhounds near the dam and work in his small shop, making matchbox-size decorative chests he gave away as presents. If he wasn't in the shop, he tended to one of his four gardens that grew everything from corn to basketball-size cantaloupes. Shoemaker also distrusted banks. Like many born during the Depression, Shoemaker was known to carry money, and sometimes, lots of it. His family and friends warned him often about it, but he brushed it off. "He didn't believe anybody would do this (attack and steal) because it was out of his comprehension that anyone would be that mean," Pam Shoemaker said. He always carried cash in his front two breast shirt pockets. To some folks, Shoemaker turned into their money machine. And for that reason, police say they believe whoever attacked Shoemaker knew his habits. The assailant rifled through Shoemaker's breast pockets and didn't bother with his billfold stashed in his pants' back pocket, family members said. "It could be a past employee or someone who knew he carried money," said Sgt. Rickey Wilson, who is investigating the case. "We just don't know." Shoemaker's

family now lives in fear with the assailant still at large. Velma Shoemaker and her two daughters have bought a .22-caliber pistol and started practice-shooting behind the dam. They also have taken their name off the mailbox so as not to attract attention. "This has made us paranoid," said Pam Shoemaker, a data entry technician at a Randolph County company. Near his bedside every day, his family waits and hopes for some kind of recovery. "He's not going to get any better short of a miracle," Pam Shoemaker said."

Mr. Shoemaker survived the brutal attack and robbery of March 21, 1991, but remained in a coma, and confined to a bed until his death. He was never able to describe his attackers to authorities, and until this day, those responsible for the brutal attack and robbery remain un-known. This was a cruel ending for a man who loved life and people so much. Craven Shoemaker finally died on February 24, 2002. The memory of Craven Shoemaker is etched in the memories of people who grew up in Ramseur, and of the many people he helped along his life's journey.



**Neil Kivet
1990.**



**A view of
the old
Ramseur
Roller Mill
in 1980.**

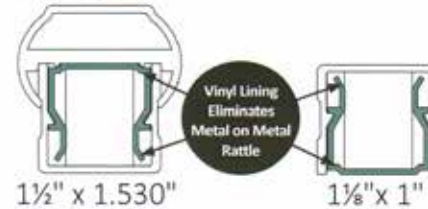
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The Little Brown Dog

There was once little brown dog who had no home. He had no family to call his own. One day he wandered into the village to look for a family. Each day he was shooed away. "Go away little brown dog, go away!" Shouted the storekeepers. Each day, feeling very sad, he returned to a secret place in the thick forest where he would sleep and dream about having a family of his own.

Then one day while on the village, he came upon a sign in a store window announcing "PUPPIES FOR SALE." Yes, this will be my lucky day he thought to himself. So he jumped into the basket of puppies and wagged his little brown tail. One by one, all the puppies were sold, but not the little brown dog who has no family to call his own.

The next day there was to be a carnival in the village. Yes, he thought to himself, this will surely be my lucky day. So off to the village he went, wagging his little brown tail all the way. There was fun for all but the day grew long and feeling very sad, he returned to the thick forest with no family to call his own.

The next day, while walking through the thick forest, the little brown dog came upon a sad little boy. "Hello little brown dog", said the said little boy. "I am lost and cannot find my way home." Hearing this, the little brown dog yelped loudly. Looking back and wagging his little brown tail he began to lead the sad little boy out of the thick forest. The sad little boy became very happy. "Thank you little brown dog". You must come home with me for I have no dog to call my own". The little brown wagged his little brown tail and jumped for joy. Finally had a family to call his own! Woof! Woof!

-Martha Grey Brown Halsey



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Keep Your Pet Safe in the Heat!

By Deborah Tukua

in the car for trips to the vet, prepare your pet in advance for an enjoyable vacation by taking short, fun excursions to a nearby park or lake.

Pack the right stuff. When taking your dog on vacation pack these doggy supplies to make it a success: a collapsible water bowl, jug of water, portable doggy bedroll that rolls up tight for transporting, a neon leash and collar, life jacket if your trip includes swimming, dog toys, treats, and dog food.

Certain breeds have a more difficult time in the heat. Dogs with flat faces and short noses (such as the pug, bulldog, and Pekinese) are more prone than others to breathing problems, which are made worse in the summer heat. These dogs are also susceptible to overheating, so it's best to keep them out of hot or humid weather conditions.

Never leave your pet inside a parked car. It only takes 10 minutes when it's 85° F for the temperature to reach 102° F inside the car. In 20 minutes, it can reach 120° F. Lowering a car window partially does not reduce the temperature inside. In this scenario, pets can suffer fatal heatstroke in a matter of minutes. Keep pets at home when shopping or running errands on hot summer days.

When the temperatures soar, you want to keep your pet safe. Check out these cool and important tips!

Take short trips first. Planning a road trip this summer with the family pet? If your dog or cat only rides

be vacationing or moving to a more humid, drier or tropical location this summer, initially limit time spent outdoors. Exercise or walk your pet in the coolest hours of the day –early morning and evening — to allow everyone time to adjust to the new environment and weather conditions.



Keep in mind that not all dogs know how to swim. Practice the buddy system in the water with your pets by always accompanying them when wading or swimming. Even if your dog loves to swim, put a brightly-colored life preserver on them when in the water, boat or canoe. When wading in the ocean, or any moving creek or river, attach a rope to the life jacket to keep your dog safe and within reach.

Never walk your pet on hot pavement. Besides blistering their paws, the heat rising from hot asphalt or concrete can cause small animals to easily overheat. In hot weather exercise your dog on the grass or in shaded areas. When in urban areas, where hot pavement cannot be avoided, put canine boots on your dog to protect his paws. The rule of thumb is if you cannot keep your hand on the hot pavement for 5 seconds, your pet's feet can't handle it either.

Long-haired pets should be brushed and bathed regularly to remove hair as it sheds and to help keep him cool and comfortable.

Rinse or bathe your dog after swimming in saltwater or in a chlorinated swimming pool to avoid possible skin irritation.

Think before you clip. Fur not only helps keep pets warm in winter but also provides protection against the heat, excessive sun exposure, and sunburn. If your dog will be enjoying time outdoors this summer, consider trimming instead of shaving to prevent sunburn.



Pets, like people, need to acclimate to a change of climate. If you will

Provide a shady spot or a shelter for your outdoor pets, ideally, one that blocks direct sunshine, yet allows some airflow to circulate. Dogs like to lie in the dirt when it's hot out. Under that huge shade tree construct a small raised bed and fill it with garden soil. Set up a canopy or pup (dog) tent when going camping or swimming. Don't want to invest in a pup tent? Tie two ropes or a clothes line around the arms of two folding chairs spaced several feet apart. Drape a huge beach towel, bed sheet or tarp over the ropes to form a temporary shelter for your dog.

Pets need a source of fresh drinking water on hand throughout the day. Select a water bowl that cannot be easily overturned for outdoor pets. Larger dogs can drink water from a cooler or

trough. Remove the lid to prevent it from shutting. And change the water daily. Freeze water in an empty ice cream bucket and add the block of ice to the water container to keep it refreshing during the day.

Provide fun, wet ways for your dog to cool off outdoors in hot weather. Employ a water sprinkler, slip-and-slide, or a kiddie pool partially filled with water for dogs to splash, soak and enjoy. Standing in water helps reduce your pet's internal temperature. Provide a wet towel for your dog to lie on when resting outside during hot weather.

Give frozen treats. Give your pup frozen blueberries or peas as a treat to help them cool off on a hot summer day. You can also freeze beef or chicken broth

in ice pop molds for a safe broth-sicle snack your dog will love. Straight ice cubes can be too hard on your pet's teeth.

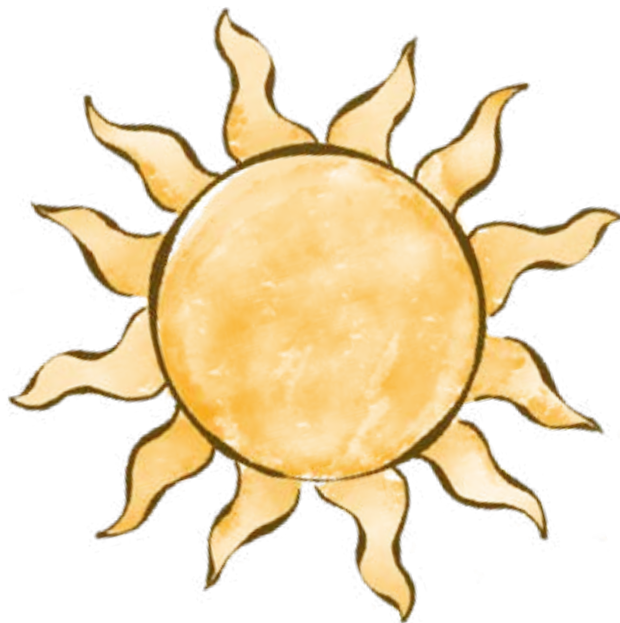
Chill! When keeping your dog indoors during hot weather, they will appreciate resting in a room with cool tile floors, under a ceiling fan, and away from sunny windows. If you keep your dog in a pen, place a frozen water bottle inside for her to lean against.

These tips can ensure a fun and safe summer for your dog.



Stay Cool in the Heat

No one doubts we have experienced some really hot days over these last few weeks. The A/C has been on full blast, and we are willing to pay the price when the power bill comes. Work or play in very hot conditions can cause illness when heat stress overcomes our body's temperature regulation systems. Within limits, our body can adapt to moderate increases in internal temperature created by heavy work or play. Blood flow increases. Our body starts to sweat. By sweating, our body increases the rate at which heat is lost to the surroundings. But as surrounding temperatures rise, it becomes progressively more difficult for our body to dissipate the heat. When the body produces heat faster than it can be lost, our temperature rises. This rise in our body temperature is responsible for heat illnesses which can strike us when we work or play in hot surroundings.



Factors Which Contribute to Heat Stress

Ambient Temperature

The temperature in the area is clearly one of the major determinants of heat stress.

Ventilation

As air movement increases, so does the evaporation of sweat. Since evaporation draws heat from our skin, increasing ventilation aids in dissipating the heat generated during

strenuous physical activity.

Humidity

As humidity rises, sweating becomes progressively less effective in dissipating excess heat. The "heat index" measures both temperature and humidity and, at least in some circumstances, is a useful indicator of the risk of heat stress.

Clothing

Our clothing can interfere with sweating and heat dissipation. People working in warm environments normally dress lightly. However, some tasks require workers to wear heavy or tightly fitting clothing, or protective equipment, which can reduce heat dissipation and increase heat stress.

Radiant Heat

Radiant heat sources contribute to the heat load. The additional heat load that radiant sources generate, needs to be taken into account when people work around furnaces, or other sources of heat or even indirect sunlight.

Exertion Rate

Heavy physical work or play generates heat at rates from 5 to 10 times those produced by lighter workloads.

Acclimatization

Within reasonable limits, we are able to adapt to work in hot environments. Over as short a period as a few days, we can develop a tolerance for overly hot work environments.

Among the illnesses produced by excessive heat stress are heat rash, heat cramps, heat exhaustion and heat stroke.

Heat Rash

Heat rash appears as small inflamed red spots on the skin, caused when sweat glands become blocked. The victim experiences a prickling sensation in the affected area.

Heat Cramps

Heat cramps are painful muscle spasms in the arms, legs, back or abdomen. These cramps probably occur as a result of excessive salt loss through sweating.

Heat Exhaustion

Heat exhaustion involves fatigue, headache, dizziness, nausea, flushing of the face and neck and elevated pulse rate. Victims of heat exhaustion often faint. In an effort to dissipate large amounts of heat, the body diverts so much blood to the skin that there is insufficient internal blood circulation. This rapid drop to internal body circulation produces the symptoms of heat exhaustion.

Heat Stroke

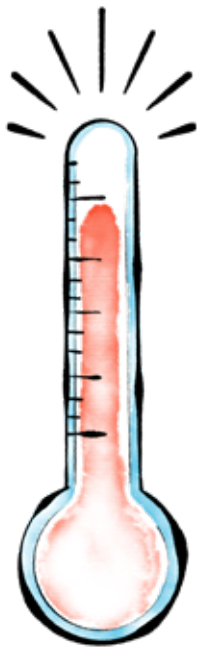
Heat stroke is the most serious of the heat-related conditions. Under extreme heat loads, the body's sweat system fails, internal temperatures then rise rapidly to critical levels. Unless the victim receives prompt medical attention, serious harm or even death can result.

For heat rash and heat cramps, move to a cool place and rest. Do not continue to participate in the activity. Remove excess

clothing if possible and place cool cloths on the skin. You can also fan the skin. Drink cool water or perhaps a sports drink containing salt and sugar.

For heat exhaustion and heat stroke, move to a cool place and call 911. Heat stroke is a life-threatening medical emergency and needs to be treated by a doctor. While waiting for the medical response team to arrive, remove excess clothing and drench skin with cool water. Place ice bags in the armpits and groin area. If alert and able to drink, cool fluids can be consumed.

The best way to prevent any of these heat related illnesses is to stay cool and hydrated. Take frequent breaks and know your limits!



Know your Limits

Do physical activity early in the morning or at night.
Stay in good physical condition.



Stay Cool

Wear loose, breathable clothing such as cotton, linen, or silk. Wear hats and use sun screen.



Stay Hydrated

Maintain proper hydration. Drink small amounts frequently.

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OBITUARIES

Courtesy of Loflin Funeral Home and Cremation Service of Ramseur.

We at the Randolph Bulletin send out our thoughts and prayers to the families who recently lost loved ones.

Gracie Clarice Hudson King, 92, of Franklinville, went to meet her Lord Sunday, June 19, 2022 at her residence.

Carmela Crockett Bellardine, 61, of Trinity, died Monday, June 20, 2022 at her residence.

Ronnie Lee Hoyle, 66, of Coleridge, died Monday, June 20, 2022 at Randolph Hospice House in Asheboro.

Ruth Boyles McAlister McCrickard, lovingly known as "Granny Crickard", went to be with the Lord, her family, and friends, at the age of 102 on Thursday, June 23, 2022 at Randolph Hospice House in Asheboro.

Betty Trogdon Wood, 91, of Asheboro, went home to be with her Lord on Friday, June 24, 2022 at her son's home surrounded by her family.

Thomas Henry Lewis, 63, of Shallotte, died Saturday, June 25, 2022 at Randolph Hospice House in Asheboro.

Harold "Hop" Howard Law, 98, of Ramseur, died Tuesday, June 28, 2022 at Randolph Hospice House in Asheboro.

Corena "Bitsy" Nance Byrum, 89, of Asheboro, died Wednesday, June 29, 2022 at TerraBella Asheboro.

Joseph "Joe" Monroe Hardin, 64, of Ramseur, died Wednesday, June 29 at his residence.

Decie Russell Moody, 96, of Ramseur, died Monday, July 4, 2022 at Randolph Health in Asheboro.

Dwight Andrew "Andy" Parris, age 67 of Asheboro, passed away on July 4, 2022 at UNC-Hospital in Chapel Hill.

Boyd Daniel Skeen, age 85, of Asheboro passed away on Tuesday, July 5, 2022 at his home.

Sally Peterson Abernathy, age 74, of Asheboro passed away on Tuesday, July 5, 2022 at Randolph Hospital.

Treva Patterson Yearians, 45, of Ramseur, died Wednesday, July 6, 2022 at her residence.

Rev. Billy Ray Self, age 88, of Asheboro passed away on Wednesday, July 6, 2022 at Clapp's Convalescent Nursing Home.

David "Rabbit" Harold Jordan, aged 90, entered the gates of Heaven on Wednesday, July 6th, 2022.

Lillie Marie Wright Mabe, age 76, of Star, passed away on July 9, 2022 at her home.

Harold Eugene Canoy, age 86, of Asheboro passed away on Saturday, July 9, 2022 at his home.

Mozelle Lena Luther Callicutt, 90, of Asheboro, died Saturday, July 9, 2022 at her home.

Infant Baby Boy Kriegh, son of Danielle Jacklyn Kriegh and Andrew Perez died Sunday, July 10, 2022 at Chatham Hospital UNC Health.

Kem Foster McAllister passed away on Sunday, July 10, 2022, with her family by her side after a short yet courageous battle with cancer.

Wanda Lynn Williamson Carter, 51, passed away Monday, July 11, 2022 at Randolph Hospice House.

Peggy Beane Maness, 77, of Franklinville, died Monday, July 11, 2022 at her residence.

Phillip Randy Edwards, 67, of Asheboro, passed away on July 13, 2022 after battling Cancer for over a year.

Cleo Allen Spencer, age 92, of Randleman passed peacefully at home surrounded by family Saturday, July 16, 2022.

If you would like more information about our obituaries, please email us at info@randolphbulletin.com or call at 336-824-4488.

Options are available if you would like to have a picture and/or longer obituaries for your loved one.

Church Directory

Clear View Baptist Church

2723 Cedar Falls Road Franklinville, NC 27248
 Dr. Bruce W. Dickerson, Pastor
 Sunday School - 10 AM
 Morning Worship - 11 AM
 Family Night - 6 PM
 Wednesday Evening Prayer & Bible Study - 7 PM

Faith Baptist Church

336 824-4156
www.faithramseur.org
 1382 Greenfield St, Ramseur, NC 27316

First Christian Church

Gary Arnett
 336-824-4066
www.fccramseur.org
 1381 Church St Ramseur, NC 27316
 Sunday: 9am Sunday School
 10am Worship Service

Franklinville United Methodist Church

Jeff Martin
 227 West Main St. Franklinville NC, 27248
 Facebook: Franklinville-Rehobeth Umc Charge
 Service Time: Sunday 11:00 AM

Grace Community Fellowship Baptist Church

Shaun Greene
 336-824-2300
www.gcfbaptist.org
 7500 US Hwy 64E Ramseur NC 27316
 Sunday School at 9:30 am, Sunday Worship at 10:30 am, Sunday
 Evening Service at 6:00 pm, Wednesday Night Service at 7:00 pm

Holly Springs Friends

Todd Brown
 336-879-3136
www.hollyspring.org
 2938 Holly Spring Rd Ramseur, NC 27316
 Sundays: 9:45am Sunday School
 11am Morning Worship

Jordan Memorial United Methodist Church

Chris Smith
 1511 Main St. Ramseur NC 27316
 336-824-2252
www.jordanmemorial.org
 Service Time: Sunday 11:00 AM

Maple Springs Community Church

Ed Carter
 336-953-2435
 6231 NC Hwy 22/42
 Ramseur NC 27316
 Sunday School at 10:00 am
 Worship Service at 11:00 am

McCrary Chapel United Methodist Church

Montez Allen
 327 NC 49 Ramseur NC, 27316
 336-824-3022
 Facebook: McCrary Chapel
 Service Time: Sunday 10:00 AM

Parks Crossroad Church

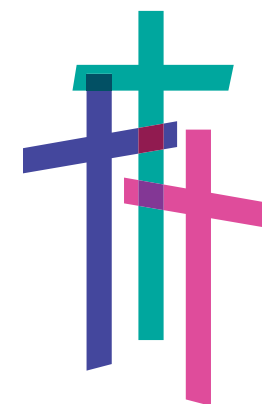
Todd Nance
 (336) 824-6622
www.parkscrossroads.com
 2057 Parks Crossroads Church Rd Ramseur NC 27316
 Sunday School at 9:30 am, Morning Worship at 10:30 am
 Evening Worship(1st & 3rd Sundays) at 6:00pm, Parks Kids at 6:30pm

Ramseur Wesleyan Church

Pastor Jason Baker
 Office 336-824-2451
www.ramseurwesleyan.com
 2038 Leonard Park Street (PO Box 501) Ramseur, NC 27316
 Sundays: 9:30am School - Worship: 10:30 am,
 Children's Church 10:30am - Sunday evening service
 6pm
 Wednesday night Adult Bible Study: 7pm
 Children and Youth Wednesday nights meet @
 6:45pm during school term

Rehobeth United Methodist Church

Jeff Martin
 850 Kildee Church Rd Ramseur NC, 27316
 336-824-4013
 Service Time: Sunday 9:30 am



If you would like your church to be placed in the directory in the Randolph Bulletin at no cost, please send an email to info@randolphbulletin.com.

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Ramseur, North Carolina 27316

336-824-4156 option 1
www.faithramseur.org

Seventh Annual Back-to-School Bash

Jordan Memorial UMC is so pleased to announce that the seventh annual Back-to-School Bash is scheduled for Saturday, August 13 from 10am-1pm! We are grateful for the continuing support of our area churches, businesses, and community for their assistance in helping with this event.

The Back-to-School Bash is a celebration of our children and youth in grades preschool through 12. Our goal is to help students get ready for the start of a new school year by providing a free bookbag and school supplies. In addition, Main Street is closed and free food and activities are available for all to enjoy. There will also be booths that provide information about available services in the county. Jordan's Closet, offering free clothes, will be open during this event as well.

We would be grateful for your help and support of this wonderful event. Please consider volunteering or making a financial donation to help offset the costs of our Back-to-School Bash.

Please contact Jordan Memorial UMC at 336-824-2252 to volunteer or provide a donation. We look forward to seeing everyone on August 13!



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6282 Old Siler City Rd. Ramseur, NC 27316
Phone: (336) 824-2784

Cucumbers



Cucumbers... I didn't know this... and to think all these years I've only been making salads with the cucumbers...

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.

2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.

3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.

4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.



5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!

6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!

7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explores for quick meals to thwart off starvation.

8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.

9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!

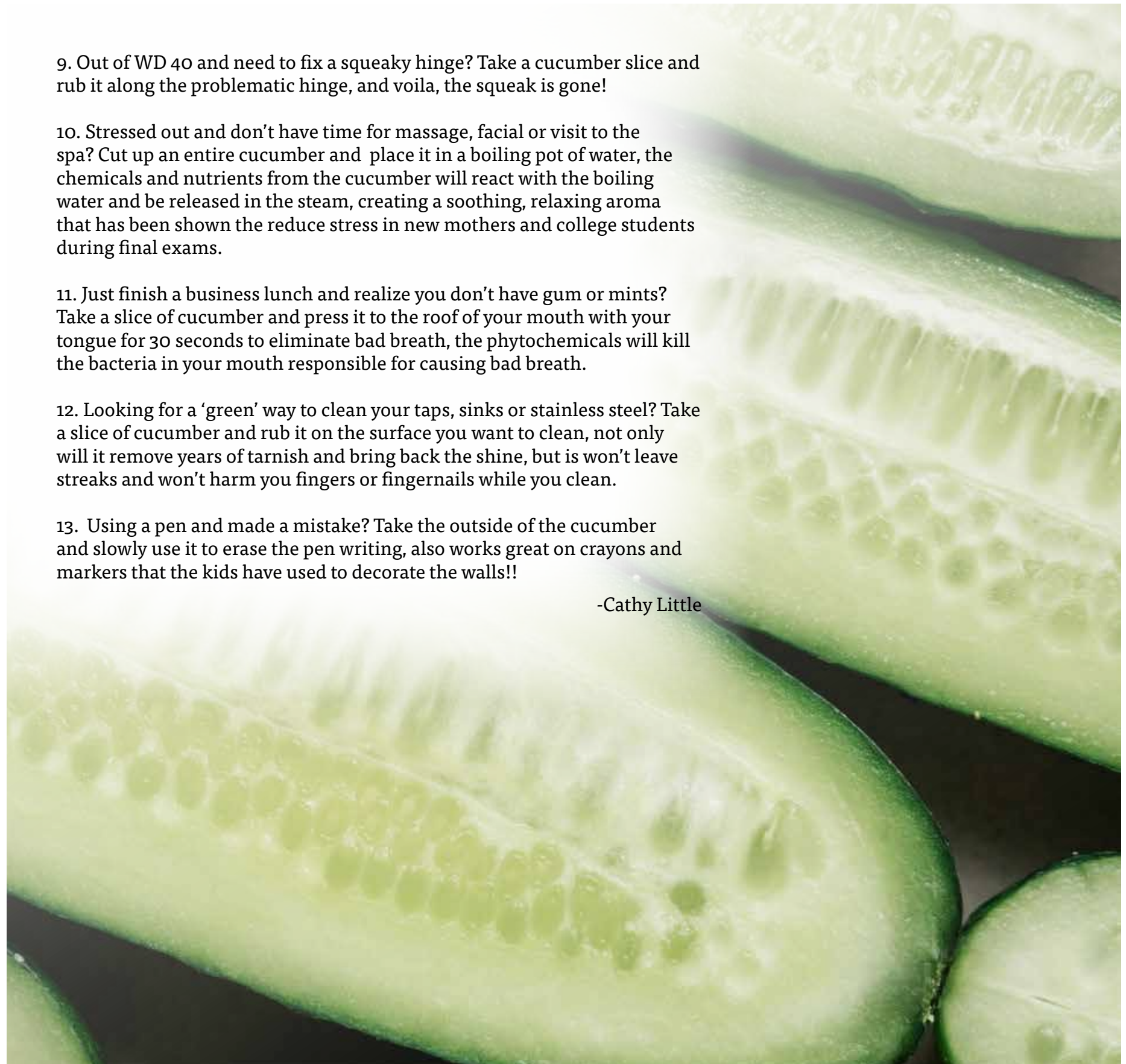
10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.

11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.

12. Looking for a 'green' way to clean your taps, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.

13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

-Cathy Little



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